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# **TOUCH TO INFORM**

**Seminars based on concepts  
from the Feldenkrais Method®**

National and Florida CE provider for  
Licensed Massage Therapists.

# Overview

*TOUCH TO INFORM* Seminars focus on the neurological, mechanical and healing aspects of movement. The goal of these seminars is to familiarize licensed massage therapists, educators and health care professionals with the science of brain/body mapping and sensory learning, along with other applicable concepts from the *Feldenkrais Method*® that can enhance functional outcomes for clients.



## What Participants are Saying

"I was amazed how powerful this work can be with little effort from the therapist. This fits into my own philosophy as a facilitator rather than a healer." *MH, Licensed Massage Therapist*

"I used many of the concepts from the workshop and was amazed, as were my clients, to how effective they were."  
*AM, Licensed Massage Therapist*

"TOUCH TO INFORM seminars enabled me to experience changing my and my client's potentiality regarding moving without pain."  
*KG, LMT & Yoga Teacher*



**NCBTMB Provider #452056-12 - Touch to Inform Seminars is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education Approved Provider.**

**Florida CE Provider # 50-1980**

**TOUCH TO INFORM Seminars** include a balance between presentation, personal experience, using the Feldenkrais® model for learning, and partner collaboration. This helps participants embody many concepts that Moshe Feldenkrais, D. Sc. presented to the world. Participants learn how effective TOUCH to OBSERVE and SUPPORT [which INFORMS] can be.

**Bonnie Kissam**, M.A. Dance ['73] and Education ['09] has been an Educator, Licensed Massage Therapist, and Feldenkrais Practitioner® since 1983. She completed her studies for Massage Therapy in 1980, as she began her studies with Moshe Feldenkrais in Amherst, MA. Bonnie is an Assistant Trainer for *Feldenkrais®* Professional Training Programs. She created *TOUCH TO INFORM* Seminars in 2011, understanding concepts from the *Feldenkrais Method®*. *Nikki Rollason*, *Feldenkrais Practitioner [2002]* has collaborated with Bonnie since 2016.





*“Through touch, two persons, the ‘toucher’ and the touched, can become a new ensemble: two bodies when connected by two arms and hands are a new entity. These hands sense at the same time they direct.”*

- Moshe Feldenkrais, D. Sc.

## Seminars

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National CE credits for Licensed Massage Therapists

- Rehabilitate Spine w Optimal Walking
- Mobilize CORE – Rehabilitate RSI
- Release Your Jaw, Your Voice, Your Whole Self
- Maintain-Regain Lifelong Agility
- Better Balance I: Planes of Action
- Better Balance II: From Falling to Walking





## **Contact us**

*TOUCH TO INFORM*

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**Visit us on the web:**

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